Disaster Kits in a Bucket

The Disaster/Emergency Kits in a Bucket holds a variety of emergency and medical items in a 5 gallon bucket. The wonderful feature of this kit is that everything is in one place and can be picked up quickly in the event of an earthquake or other natural disaster. Since this is only a beginning disaster kit, it does not provide food or water. Public Health information and American Red Cross brochures can also be placed in the kit for handy reference. Most of the items can be found in a grocery store or in the sporting goods section of a discount store. Paint stores have 5 gallon buckets.

Disaster/Emergency Kits Content List

All of the following items will fit into a five gallon plastic bucket. Remember you also need to provide water and food.

- 1 Roll Toilet Paper
- 1 Camp Stove
- 2 Cans Sterno
- 1 Mess Kit
- 4 Boxes of Water Proof Matches
- 6 Books of Regular Matches
- 12 Paper Plates
- 6 each Plastic forks, knives and spoons
- 12 Disposable Drinking Cups
- 1 Flashlight
- 2 D Batteries
- 2 Emergency Solar Blankets
- 12 Hand/Foot Warmers
- 6 Heavy Duty Plastic Bags
- 12 Hand Sanitizer Packets
- 2 Light Sticks
- 1 Roll Duct Tape
- 1 Pocket (Utility) Knife
- 1 Hand Can Opener
- 1 Punch Can Opener
- 2 Combs
- 1 Tube Toothpaste
- 2 Tooth Brushes

and a First Aid Kit (contents follow)

- 6 Pair Rubber Gloves
- 1 8 oz Bottle Contact Lens Saline (irrigate/clean wounds)
- 6 Knuckle Band-Aids
- 6 Regular Band-Aids
- 6 Telfa Pads
- 1 Roll Tape
- 1 Tube Antibiotic Ointment
- 3 Burn Gel Packets
- 6 Wound Wipes (Povidone-Iodine)
- 1 Stretch Gauze
- 2 Instant Ice Compress
- 6 Packets each Buffered Aspirin & Non Aspirin
- 1 Each Scissors and Tweezers
- 1 4 oz Bottle of Hydrogen Peroxide
- 6 Sanitary Napkins (can be used for large wound dressing)